

# 2018 GUEST CHILD CONSENT FORM

The privilege of letting member children bring a 12 to 14 year old guest to the LRRC when they are unaccompanied by an adult is a longstanding tradition at the club. In order for us to continue providing this privilege, we ask that child guests adhere to the following rules. Please review this information with your child and return the signed form to the club.

## 12 - 14 Year Old Guest Policies

Child guests:

- Must be accompanied by their member host at all times while on club premises.
- May only visit the LRRC twice per week when unaccompanied by a parent/guardian host, regardless of different hosting members. (The club week runs Monday - Sunday.)
- Must check in with their hosts at the Front Desk. Guests are required to wear the color-coded wristband issued at check-in for their entire club stay.
- **Are allowed** in the recreational pool (when a lifeguard is on duty) and on the playground, basketball court and outside picnic areas.
- Are encouraged to use our shaded deck "hang out."  
If using the Overlook Grill you must follow Overlook Grill rules:
  - Order food to sit at a table.
  - Behave and dress appropriately.
  - Treat waiters with respect.
  - Vacate table when finished eating - no loitering.
- **Are not allowed in the fitness rooms, indoor tennis center, 50-meter pool or LOCKER ROOMS** without adult supervision. Two bathrooms, two showers and the changing room located on the 25 yard pool deck are available for their use.
- **Are not allowed** to play around the tennis courts or indoor tennis center.

**Unsafe or inappropriate behavior may result in suspension from using the club for the remainder of the day, the week or possibly the summer.**

## GUEST CHILD'S INFORMATION

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Gender: Male Female  
Child's cell number (if applicable) \_\_\_\_\_  
Mother's name: \_\_\_\_\_ Father's name: \_\_\_\_\_  
Street address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Mother's phone: \_\_\_\_\_ Father's phone: \_\_\_\_\_

## MEDICAL INFORMATION

Person to contact in case of emergency if parents cannot be reached: \_\_\_\_\_  
Phone(s): \_\_\_\_\_ Relationship to child: \_\_\_\_\_  
Doctor's name: \_\_\_\_\_ Phone number: \_\_\_\_\_  
Emergency room of choice: \_\_\_\_\_

Allergies, medications, special conditions including but not limited to asthma, diabetes, sun sensitivity, seizures or fainting spells (please provide specifics): \_\_\_\_\_  
\_\_\_\_\_

# WAIVER

Release of Liability and Assumption of Risk Agreement - The facilities and activity programs offered under the auspices of the Little Rock Athletic Centers, LLC (LRAC), dba Little Rock Athletic Club, Little Rock Racquet Club, North Little Rock Athletic Club and Downtown Athletic Club, have been designed and established to provide the optimum level of beneficial exercise and enjoyment without compromising the health or safety of the members or guests who utilize the facilities or participate in its on or off-site activities. Because of the nature of these programs and of the equipment utilized, there is an inherent risk of injury. Therefore, any exercise activity places a practical limitation on the ability of LRAC to prevent injuries to participants regardless of the activities of the participant while taking advantage of the opportunities at LRAC. The undersigned acknowledges the individual responsibility to minimize risk by thoughtful and cautious use of the programs, equipment and the facilities of LRAC.

Therefore, in consideration of being allowed to participate in LRAC programs and to utilize equipment and facilities at LRAC, I the undersigned, acknowledge and agree that:

- The risk of injury from the activities involved in LRAC programs, equipment and facilities is significant, including the potential for permanent paralysis and death.
- I knowingly and freely assume all such risks, both known and unknown and assume full responsibility for my participation.
- I willingly agree to comply with terms and conditions for participation. If I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest LRAC representative immediately.
- I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release, indemnify, and hold harmless LRAC, its members, managers, officers, officials, agents and/or employees, other participants, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event (releasees), from any and all claims, demands, losses, and liability arising out of or related to any injury, disability or death I may suffer, or loss or damage to person or property, to the fullest extent permitted by law.

Permission to Use Photography and/or Video - I grant to LRAC and all its subsidiaries the right to take photographs and/or videos of my child. I authorize LRAC, its assigns and transferees to copyright, use and publish the same in print and/or electronically. I agree that LRAC may edit and use such photographs and/or videos for any lawful purpose including, for example, such purposes as publicity, illustration, advertising and web content.

# MY SIGNATURE CONVEYS

- I acknowledge that my child is 12 years of age or older;
- I give my consent for my child to receive medical or surgical aid as may be deemed necessary and expedient by a duly licensed or recognized physician or surgeon in the case of an emergency when a parent or guardian cannot be reached. Consent is also given for an LRAC employee or his/her duly appointed representative to transport my child for emergency medical treatment in said situation;
- I understand the rules and regulations and have reviewed them with my child;
- I have read the Release of Liability and Assumption of Risk Agreement above; fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement;
- I give my permission for the club to contact me via email or text with club news, offers and programming information;
- I have read the Permission to Use Photography and/or Video Agreement above and give consent for my child to be in video or photographed; and
- This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liability incidents to my minor child's involvement or participation in these programs as provided above, to the fullest extent permitted by law.

Child's Name: \_\_\_\_\_

Parent's/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_