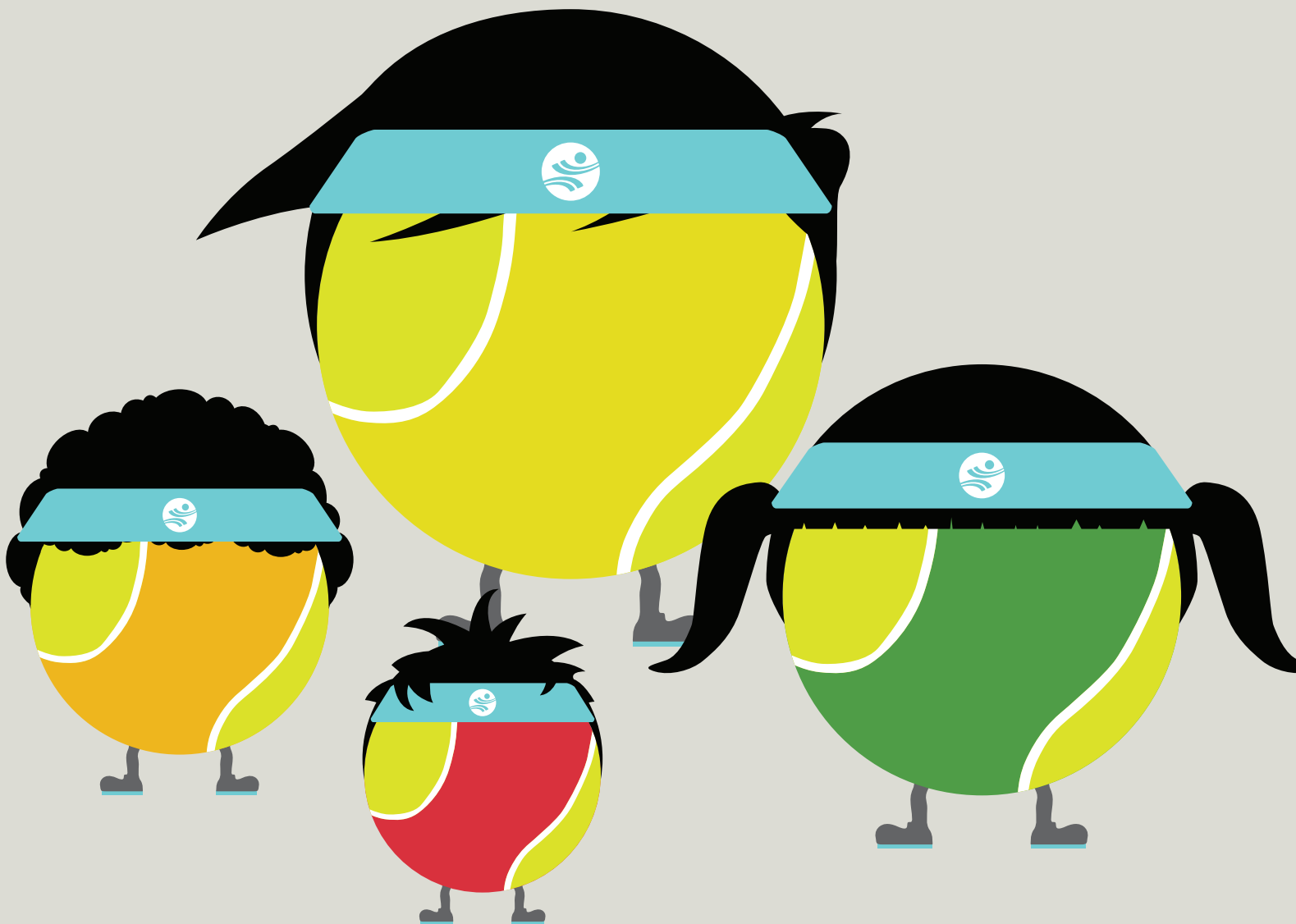


# 2019 Winter Tennis Academy



Now kids 12 and under can compete like the big kids because the smaller courts, slower balls and appropriate sized rackets let them learn fast.

## LEVELS

### Tennis Tots

The goal of Tennis Tots is inspiring young children in a fun and nurturing atmosphere and teaching them developmentally sound and age appropriate physical skills (including coordination, balance, agility, reaction, jumping, skipping, throwing, catching, tracking, handling the racquet and hitting). Group size is limited to 6 students per instructor and parent participation is encouraged.

**Age Guideline:** 3 - 4

**Class Length:** 45 minutes

### Red Ball

From the moment they step on the 36 foot court, kids learn the physical skills necessary to rally the ball and play the game of tennis, including coordination, balance, agility, reaction, jumping, skipping, throwing, catching, tracking, handling the racquet and hitting with biomechanically sound technique. Both introductory and more advanced classes are offered. Class size is limited to 6 students per instructor.

- **Stars:** This class is designed for beginning players. Stars spend a large percentage of their time learning the physical skills necessary to play tennis. They also participate in competitive games and limited point play.

**Age Guideline:** 4 - 6      **Class Length:** 60 minutes

- **Aces 2:** Aces 2, our older beginning players, follow a similar progression as Stars.
- **Age Guideline:** 6 - 8      **Class Length:** 60 minutes
- **Aces 1:** Aces 1 are children who have developed the basic skills taught in Stars and/or Aces 2. Students work more on technical stroke production, movement and point play. They also are introduced to match play. Many of these students would benefit from playing USTA team tennis and tournaments.

**Age Guideline:** 5 - 8      **Class Length:** 60 minutes

- **Squad (by invitation only):** Students in Squad have a good grasp of the strokes, positioning and rules required for competition and match play. In drilling and match play, the focus is on consistency, placement, movement and more advanced stroke technique. Tactics and strategy are introduced. These students are encouraged to play USTA team tennis and tournaments.

**Age Guideline:** 5 - 8      **Class Length:** 60 minutes

### Orange Ball

Playing on a 60 foot court, kids hone their skills and stroke technique. Both introductory and more advanced classes are offered. Class size is limited to 6 students per instructor.

**Age Guideline:** 9 - 10

**Class Length:** 60 minutes

- **Orange Ball 2:** This class is designed for beginning players. Players work on the physical skills necessary to play tennis as well as stroke biomechanics, consistency and movement. They also participate in competitive games and point play.
- **Orange Ball 1:** This class is for players who have developed the basic skills taught in Orange Ball 2. Students work more on technical stroke production and point play. They also are introduced to match play and taught basic tactics and strategy. Many of these students would benefit from playing USTA team tennis and tournaments.
- **Squad (by invitation only):** Students in Squad have a solid foundation in the stroke technique, positioning and rules required for competition and match play. In drilling and match play, the focus is on consistency, placement, movement and more advanced stroke technique. More advanced tactics and strategy are taught. These students typically play USTA team tennis and tournaments.

### Green Ball (1 and 2)

Green Ball 2 is designed for pre-teen and teenage beginning players or those recreational players moving from orange ball. Now on a full size court, players work on the physical skills necessary to play tennis as well as stroke biomechanics, consistency and movement. They also participate in competitive games and point play. Class size is limited to 6 students per instructor. Green Ball 1 students are typically tournament players.

**Age Guideline:** 11 - 13

**Class Length:** 60 minutes

### Yellow Ball

This class is for players who have developed the basic skills taught in Green Ball. Students work more on technical stroke production and point play. They also are introduced to match play and taught basic tactics and strategy. Many of these students would benefit from playing USTA team tennis and tournaments. Class size is limited to 6 students per instructor.

**Age Guideline:** 12+

**Class Length:** 60 minutes

## QUESTIONS?

Please contact Will Campbell, 501-551-0997/will2campb@aol.com at the LRRC or Mary Bowen, 501-680-4030/queenhasie@gmail.com at the LRAC.

# WINTER 2019 CLINIC OPTIONS

## (THURSDAY, JANUARY 3 - SUNDAY, MARCH 17)

LITTLE ROCK ATHLETIC CLUB CLINIC OPTIONS						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 - 10:00 am						RB
10:00 - 11:00 am						OB
4:00 - 5:00 pm	RB Aces 2 RB Aces 1 OB 2 GB 1	RB Stars RB Aces 1 OB 2 OB 1	RB Aces 2 RB Aces 1 OB 2 OB 1 GB 1	RB Aces 2 RB Aces 1 OB 1 GB 2 YB 2		
5:00 - 6:00 pm	RB Stars RB Aces 2 RB Aces 1 OB 1 YB 1	RB Aces 2 RB Squad OB 2 GB 1 GB 2	RB Stars RB Aces 2 OB 2 OB 1 GB Squad	RB Stars RB Aces 2 RB Aces 1 GB 1 YB 2 YB 1	OB 2 YB 2	

LITTLE ROCK RACQUET CLUB CLINIC OPTIONS						
	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
11:00 am - 12:00 pm				TT		
3:00 - 4:00 pm	RB Stars RB Aces 2 RB Aces 1	RB Stars RB Aces 2 RB Aces 1 RB Squad	RB Stars RB Aces 1 RB Squad	RB Stars RB Aces 1 OB 2 OB 1		OB 2 OB 1
4:00 - 5:00 pm			OB 2 OB 1	RB Stars RB Squad	OB 2 OB 1	
5:00 - 6:00 pm					TT RB Stars RB Aces 2 RB Aces 1	

The Tennis Academy reserves the right to change class type, day, time and/or coach as needed. **Please see the back for the registration fee explanation.**



## OUR EXPECTATIONS

Like dance lessons and sports seasons, you are making a commitment to spend the entire session with us when you join the Tennis Academy. Our goal is to teach your child to play tennis - great tennis if they're willing to work hard. In order for that to happen, we need to see his/her happy face here - regularly and often.

If you absolutely must drop mid-session, **we must be notified by the 15th of the month** via a text to Mary or Will (see numbers below) to avoid being charged for the following month. For families that have paid in full for the session, we will refund the equivalent of installment payments still remaining in the session.

## REGISTRATION FEE

We charge a \$25 registration fee for enrollment/re-enrollment into the Academy. This fee will be waived if you contact us about your preferred schedule and provide a payment source by 5:00 pm on Friday, December 14. If you register but do not attend classes the first month, you will be charged for the month and dropped from the Academy.

## SESSION FEES

<b>WINTER 2019</b> January 3 - March 17	Attend 1 Clinic per Week for 11 weeks*	Attend 2 Clinics per Week for 11 weeks*	Attend 3 Clinics per Week for 11 weeks*	Attend 4 Clinics per Week for 11 weeks*
45 Minute Lesson (Tennis Tots)	\$187	\$355	N/A	N/A
60 Minute Lesson (RB, OB, GB, YB)	\$220	\$418	\$605	\$781

\*Monday, Tuesday and Wednesday students will only be charged for 10 weeks.

## SESSION FEE FORMULA

The session fees are built on the following base pricing:

- 45 minute lessons - \$17 per day
- 60 minute lessons - \$20 per day

The 2nd, 3rd and 4th day fees are discounted 10, 15 and 20 percent respectively.

## HOLIDAY

Lessons WILL be held Monday, January 21. and Monday, February 18.

## PAYMENT OPTIONS

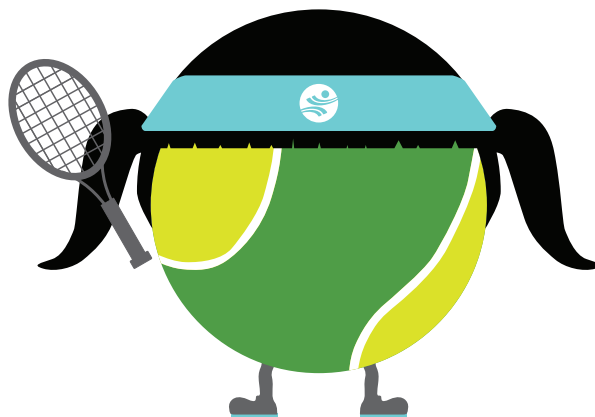
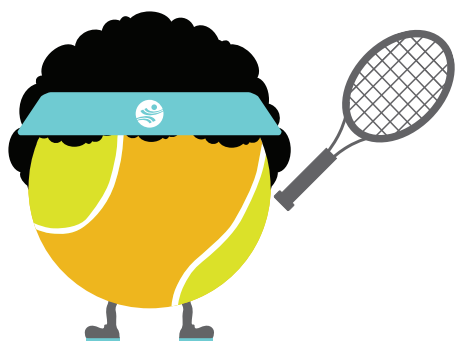
The session fee may be paid upfront **or in installments**. If paying in installments, a draft source is required and charges will occur on the 12th of the month. Fees are prorated for those who join mid-session.

## FOR MORE INFORMATION

Please contact the appropriate tennis professional:

**Little Rock Athletic Club**  
Mary Bowen, 501-680-4030

**Little Rock Racquet Club**  
Will Campbell, 501-551-0997



For Office Use Only - Child Is Confirmed In:

Level Day Time Location

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# TENNIS ACADEMY PLAYER REGISTRATION

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex: Male Female

Child is an:  LRAC Member  LRRC Member  NLRAC Member  Non-Member

Mother's Name: \_\_\_\_\_ Father's Name: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Mother's Phones (day/cell): \_\_\_\_\_ Father's Phones (day/cell): \_\_\_\_\_

Email (for program updates): \_\_\_\_\_ Desired Start Date: \_\_\_\_\_ Child's Shirt Size: \_\_\_\_\_

Person to contact in case of emergency if parents cannot be reached: \_\_\_\_\_

Phone(s): \_\_\_\_\_ Relationship to Child: \_\_\_\_\_

Doctor's Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Emergency Room of Choice: \_\_\_\_\_

Allergies, medications, special conditions including but not limited to asthma, diabetes, sun sensitivity, seizures or fainting spells (please provide specifics): \_\_\_\_\_

## CLINIC SELECTION

Parents, if your child is new to the Academy, please review our class descriptions on the Sized to Fit information piece or on our website ([www.lrac.com/tennis/junior-academy](http://www.lrac.com/tennis/junior-academy)) and make your best guess as to your child's level for purposes of this registration form. We will confirm (or change) your selection after evaluating your child. To schedule the day and time of your child's free evaluation, call Mary Bowen at 501-680-4030.

For maximum improvement, we recommend enrolling your child in at least two clinics a week. Please complete the remainder of this form and return it to the club. We will confirm enrollment.

Level: (circle one)	Tennis Tots	Red Ball Stars	Red Ball Aces 2	Red Ball Aces 1	Red Ball Squad
Orange Ball 2	Orange Ball 1	Orange Ball Squad	Green Ball 2	Green Ball 1	Yellow Ball

How many days a week do you want your child to attend? (circle one) 1 2 3 4

### Clinic Choices

Please refer to Sized to Fit for the schedule of classes and indicate your preferences (as well as any notes you may have) here. Be sure and include day of week, time and club. PRINT LEGIBLY!

1st \_\_\_\_\_

2nd \_\_\_\_\_

3rd \_\_\_\_\_

4th \_\_\_\_\_

5th \_\_\_\_\_

## PAYMENT INFORMATION

Person Responsible for Payment: \_\_\_\_\_

Responsible Party's Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

I want to pay my entire session fee up front.  I want to pay my session fee in installments.

Method of Payment (Indicate your choice by completing the appropriate information below):

For security reasons, your payment information will be encrypted by our computer software and this information will be shredded.

LRAC/LRRC/NLRAC Club Account Option (for members only/account must be current)

Name of Member to be Charged: \_\_\_\_\_

Bank Draft Option (attach a voided check or complete the following)

Name as Listed on Account: \_\_\_\_\_

Routing Number: \_\_\_\_\_ Account Number: \_\_\_\_\_

Credit/Debit Card Option (Visa, MasterCard, Discover, American Express)

Name as Shown on Card: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ CCV Number: \_\_\_\_\_

**NOW SIGN THE WAIVER ON THE BACK!**

# PARTICIPANT RELEASE OF LIABILITY & ASSUMPTION OF RISK AGREEMENT

Release of Liability and Assumption of Risk Agreement - The facilities and activity programs offered under the auspices of the Little Rock Athletic Centers, LLC (LRAC), dba Little Rock Athletic Club, Little Rock Racquet Club, North Little Rock Athletic Club and Downtown Athletic Club, have been designed and established to provide the optimum level of beneficial exercise and enjoyment without compromising the health or safety of the members or guests who utilize the facilities or participate in its on or off-site activities. Because of the nature of these programs and of the equipment utilized, there is an inherent risk of injury. Therefore, any exercise activity places a practical limitation on the ability of LRAC to prevent injuries to participants regardless of the activities of the participant while taking advantage of the opportunities at LRAC. The undersigned acknowledges the individual responsibility to minimize risk by thoughtful and cautious use of the programs, equipment and the facilities of LRAC.

Therefore, in consideration of being allowed to participate in LRAC programs and to utilize equipment and facilities at LRAC, I the undersigned, acknowledge and agree that:

- The risk of injury from the activities involved in LRAC programs, equipment and facilities is significant, including the potential for permanent paralysis and death.
- I knowingly and freely assume all such risks, both known and unknown and assume full responsibility for my participation.
- I willingly agree to comply with terms and conditions for participation. If I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest LRAC representative immediately.
- I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release, indemnify, and hold harmless LRAC, its members, managers, officers, officials, agents and/or employees, other participants, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event (releasees), from any and all claims, demands, losses, and liability arising out of or related to any injury, disability or death I may suffer, or loss or damage to person or property, to the fullest extent permitted by law.

Permission to Use Photography and/or Video - I grant to LRAC and all its subsidiaries the right to take photographs and/or videos of my children. I authorize LRAC, its assigns and transferees to copyright, use and publish the same in print and/or electronically. I agree that LRAC may edit and use such photographs and/or videos for any lawful purpose including, for example, such purposes as publicity, illustration, advertising and web content.

## MY SIGNATURE CONVEYS

- I authorize the LRAC to draft my Tennis Academy fees as indicated on my payment information page which will be shredded;
- I give my consent for my child to receive medical or surgical aid as may be deemed necessary and expedient by a duly licensed or recognized physician or surgeon in the case of an emergency when a parent or guardian cannot be reached. Consent is also given for an LRAC employee or his/her duly appointed representative to transport my child for emergency medical treatment in said situation;
- I understand that I will be charged a registration fee if I do not meet the registration due date;
- I understand and agree with the policies on mid-session drops;
- I have read the Release of Liability and Assumption of Risk Agreement above; fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement;
- I give my permission for the club to contact me via email and text with club news, offers and programming information;
- I have read the Permission to Use Photography and/or Video Agreement above and give consent for my child to be in video or photographed; and
- This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liability incidents to my minor child's involvement or participation in these programs as provided above, to the fullest extent permitted by law.

Print Parent's/Guardian's Name: \_\_\_\_\_

Parent's/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_