

25 yard (school year) Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 am							
5:30 am	Master's 5:30 - 7:20		Swim Team 5:30 - 7:20		Master's 5:30 - 7:20		
6:30 am	Swim Team 5:30 - 7:20		Swim Team 5:30 - 7:20		Swim Team 5:30 - 7:20		
7:00 am	Swim Team 5:30 - 7:20		Swim Team 5:30 - 7:20		Swim Team 5:30 - 7:20		
8:00 am							
9:00 am	AquaFit 9:00 -10:00 am	AquaFit 9:00 -10:00 am	AquaFit 9:00 -10:00 am	AquaFit 9:00 -10:00 am	AquaFit 9:00 -10:00 am	AquaFit 9:00 -10:00 am	
10:30 am			SUP Yoga 10:30am- 12:15pm				
11:00 am			SUP Yoga 10:30am- 12:15pm				
12:00 pm							
1:00 pm							
2:00 pm							
3:00 pm							Swim Team 3:00 - 5:00
3:30 pm	Swim Team 3:30 - 7:00	Swim Team 3:30 - 7:00	Swim Team 3:30 - 7:00	Swim Team 3:30 - 7:00			Swim Team 3:00 - 5:00
4:00 pm	Swim Team 3:30 - 7:00	Swim Team 3:30 - 7:00	Swim Team 3:30 - 7:00	Swim Team 3:30 - 7:00	Swim Team 4:00 - 6:00		Swim Team 3:00 - 5:00
5:00 pm	Swim Team 3:30 - 7:00	Swim Team 3:30 - 7:00	Swim Team 3:30 - 7:00	Swim Team 3:30 - 7:00	Swim Team 4:00 - 6:00		
6:00 pm	Swim Team 3:30 - 7:00	Master's 6:00 - 7:00	Swim Team 3:30 - 7:00	Master's 6:00 - 7:00			
7:00 pm		High School Fitness 7:00 - 7:45		High School Fitness 7:00 - 7:45			
8:00 pm							
9:00 pm							

3 + lanes open

2 - 3 lanes open

1 - 2 lanes open