



thanksgiving

Hours and Group Exercise

Wednesday, November 25

Club Hours: 5:00 am to 9:00 pm

Membership Hours: 9:30 am - 5:00 pm

Day Care Hours: 8:00 am to 5:00 pm

All classes 10:00 am and after are cancelled.

Thursday, November 26

THE CLUB IS CLOSED but we highly encourage you to “Trot” with us. The annual Go!bbler (our local Turkey Trot) is going virtual and you can still donate, run/walk/hike and win! (See how at Irac.com) Of course, we encourage the activity but the most important part of the event is the food donation. To help, we will be collecting food items at the Club the week of Thanksgiving so please be generous. (You can find a list of requested items at Irac.com.)

As the Arkansas Foodbank explains, “In 2019, the Go!bbler Turkey Trot helped provide 12,000+ meals through food and monetary donations from runners and spectators for our neighbors facing hardships. Fast forward to Thanksgiving 2020 and the challenges of coping with COVID-19 have affected us all in major ways. Especially those who faced food insecurity even before the pandemic. In Arkansas, the food insecurity rate has jumped from 17% to over 23%. For children, the rate has jumped from 23% to 33% due to school closures, virtual learning, and caregivers’ loss of income from furloughs and layoffs. While many are missing their friends and normal activities, think of those who are more concerned with putting food on their table. Let’s keep the momentum of this Thanksgiving tradition by donating food or funds again during this year’s drive benefiting Arkansas Foodbank.”

Friday, November 27

Club Hours: 8:00 am to 7:30 pm

Day Care Hours: 8:00 am to 12:00 pm

The Membership and Business Offices will be closed.

Friday's Group Exercise Schedule

9:00 AquaFit - Trish

9:15 Black Friday Cardio HIIT - Eddie

All other classes are cancelled.

Saturday, November 28

Both the group exercise schedule and the Club and Day Care hours return to normal.

Thanksgiving Week Programming Notes

Daytime tennis leagues will play except on Thursday.

Tennis Academy groups are cancelled Monday, November 23 - Sunday, November 29.

Performance Academy groups are cancelled Thursday, November 26 and Friday, November 27.

Swim team is cancelled Friday, November 27.

Swim Lessons are cancelled Thursday, November 26 and Friday, November 27.

FoxFit is cancelled Wednesday, November 25 at 5:30 pm as are all Friday, November 27 classes.

Tumble ‘n’ Play is cancelled November 23 - December 4.